



**THE LIGHT  
EXCLUSIVE VILLAS & SPA**

# AURORA SPA MENU

# How To Do Spa..?

## Should I make a reservation for my treatment?

Yes and it is best to do so soon after your arrival, so that we can accommodate your schedule. You can do this via phone to our GSA by pressing 0 (zero) or Visit our Spa to make a reservation.

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## What should I do If I am Pregnant?

Please contact our GSA or our Spa therapist for advice on treatment that are safe to enjoy during pregnancy.

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## What about My Valuables?

We suggest that you leave all your valuables in the safe provided in your villas as we don't assume any liability for personal items.

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## What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienist's disposable briefs. Alternatively treatment may be conducted without clothes. Choose what is most comfortable for you, our therapist will always use draping techniques to respect your privacy.

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## What should I do if I need to cancel a Spa Reservation?

The treatments you select a reserved especially for you. Guest will be charged 50% of the treatment rates if suddenly cancel or cancelled less than 3 hours treatment time.

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## How long should I arrive before my Schedule Appointment?

Please arrive 15 minutes before the time schedule of treatment.

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## What about the Payment for Spa Service?

You may charge your Spa services together to your hotel bill. We also accept all major credit cards (VISA CARD, MASTER CARD, AMEX and JCB).

# Rituals of Touch

## BALINESE MASSAGE

60 minutes

IDR 250,000

90 minutes

IDR 350,000

Use for centuries to re-new, strength then and heal the body. It's traditional Balinese therapy combines stretching, long strokes, skin rolling, and thumb pressure and Swedish massage techniques a flowing and graceful massage to relieve tension improve blood flow and case stress. This treatment is excellent after a long flight or a late night out.

## WARM STONE THERAPHY

90 minutes

IDR 350,000

The warm stone massage eases muscular tension and has an extraordinary relaxing effect on the entire body using the combined powers of heat and touch.

## “THE LIGHT” BACK MASSAGE ( BACK, HEAD, SCALP, NECK )

60 minutes

IDR 350,000

Marma point therapy deep thumb and finger pressure friction and soothing strokes will cleans the blocked energy or correct what is out of balance in the body. Using pure coconut oil, this treatment will also nourish the hair.

## FOOT REFLEXOLOGY

60 minutes

IDR 200,000

Reflexology it is stimulate pressure a point in the feet are connected the principle that all body organs it's to help relax the body and balance energy.

## “THE LIGHT” REFLEXOLOGY

90 minutes

IDR 300,000

The Reflexology will be complete if following balanced energy in your body. Deep relaxing reflexology on the hand, neck and shoulder is to help you more than comfortable, peacefully, also disappear of headache, muscle aches.

## EXOTIC THAI MASSAGE

90 minutes

IDR 400,000

The unique exotic massage was developed to soothe acnes and pains, loosen joints and ease muscle tensions is good for in creasing vitality and flexibility, leaving you feeling completely refreshed and rejuvenated.

## HARMONY TWIN MASSAGE

60 minutes

IDR 450,000

90 minutes

IDR 550,000

Two therapist working one massage, four hands working together in perfect harmony to gently ease the body into a state of total relaxation. Using a unique blend of fire different massage styles Japanese shiatsu, Thai, Hawaiian Lomi-Lomi, Swedish and Balinese. This special massage to rejuvenate tired muscle improves blood circulation and is followed by an herbal bath.

## EXTRAORDINARY HERBAL MASSAGE

75 minutes

IDR 350,000

This massage different from others. User herbal for massage, its heritage our forefathers that are famous since long time ago. Fine for healing, relaxing, warming the body blood circulation. Profit the herbal will be able at our spa.

# Spa Package

## BEAUTY PARADISE

180 minutes

IDR 700,000

An exotic traditional package, the treatment will be start with aromatherapy foot bath continue Balinese body massage with aroma therapy massage oil, followed by your choice of body scrub and flower bath. This pampering package will finish with a rejuvenating facial.

## DELIGHTS HERITAGE

120 minutes

IDR 600,000

Enjoy our special body scrub Javanese lulur used in the Javanese royal palaces for each of the 40 days prior to the Princess wedding ceremony. Followed by aromatherapy flower bath continued with aromatherapy massage. Treatment beginning with relaxing foot bath.

## ROYAL INDULGENCE

140 minutes

IDR 650,000

Revive yourself with a relaxing Balinese massage and coconut vanilla scrub followed by a pampering with aromatherapy milk bath and last treatment foot reflexology.

## HERBAL TOUCH

120 minutes

IDR 500,000

An excellent package recommended after a day off. That start with treat the feet therapy (Herbal Foot Bath) followed by a full body massage, foot reflexology and invigorating herbal bath.

# Light Body Scrub

## JAVANESE LULUR

60 minutes

IDR 250,000

The treatment used in the Javanese royal palace for each of the 40 days prior to the princess wedding ceremony. Lulur ingredients: turmeric, curcuma is mixed with yoghurt to exfoliate, purify and refresh the skin.

- Ritual Flower Foot Bath
- Lulur Scrub
- Yoghurt Splash
- Shower + Flower Bath

## COCONUT SCRUB

60 minutes

IDR 250,000

A rich coconut scrub prepares the skin smooth, soft and supple. Followed by milk bath ritual, reduces the fine of premature aging and improves the regeneration of cells.

- Foot Bath
- Coconut Scrub
- Shower
- Aromatherapy Milk Bath

## THE GREAT BALINESE BOREH

60 minutes

IDR 250,000

The boreh is a spice body scrub inspired by traditional Balinese remedies. Boreh treatment has been developed to detoxify, warm the body, and popular the treatment of headache, fever, muscle ache and arthritis.

- Ritual Herbal Foot Bath
- Boreh Scrub
- Seaweed Mixed Cucumber Body Moisturizer
- Shower + Herbal Bath

## FRAGRANCE BALINESE COFFEE SCRUB

60 minutes

IDR 250,000

Complete your senses at "The Light Spa" with this unforgettable beauty experience. The exotic Balinese coffee scrub combines blended Balinese coffee with pumice for a deep exfoliating to leave the skin cleansed, smoothes, and refreshed.

- Foot Bath Ritual
- Balinese Coffee Scrub
- Seaweed Coffee Moisturizer
- Shower + Aromatherapy Silk Bath
- Healthy Drink with Ginger Coffee Balinese Coffee

# Hand & Foot Treatments

## JAVANESE LULUR

Care Manicure	50 minutes		IDR 140,000
Care Pedicure	50 minutes		IDR 150,000
Spa Manicure	60 minutes		IDR 180,000
Spa Pedicure	60 minutes		IDR 200,000
French Manicure	60 minutes		IDR 200,000
French Pedicure	60 minutes		IDR 200,000

# Light Facial & Bath

## NATURAL FACIAL

60 minutes IDR 250,000

We create Traditional Beauty Natural ingredients of carrot, cucumber, avocado, yoghurt, sugar, honey, and almond. This natural facial followed by a soothing massage of neck and hands is recommended for both man and woman.

## REJUVENATING FACIAL

60 minutes IDR 250,000

Using specially beauty facial product by BOKOS containing Bio - Seaweed extract a skin nutrient which help prevent wrinkle and collagen, be opposed to aging, for maintaining optimal skin moisture and elasticity. A neck, shoulder, arm massage is included to release stress.

## “LIGHT” BATH RITUAL

IDR 100,000/ BATH

Pampering yourself with ritual bath experience in the privacy of your villa.

- Herbal Bath : Used specially selected herbs are dispersed into the bath, promoting a felling of warmth and comfort.
- Romantic Bath : Balinese flower mixed with milk bath to bring about deep relaxation.

Enjoy this intimate ritual with a cup of herbal tea  
and Balinese cake...

All rates are subject to 21% Government Tax & Service Charge